



**ORTHOPEDIC SPINE ASSESSMENT SHEET**

Name \_\_\_\_\_ Age \_\_\_\_\_ yrs. D.O.B. \_\_\_\_/\_\_\_\_/\_\_\_\_

Name of your primary care physician? \_\_\_\_\_ Location: \_\_\_\_\_

Phone Number to your primary care physician's Office? \_\_\_\_\_

What is your Primary Language? \_\_\_\_\_

1. Who referred you to Dr. Prpa? \_\_\_\_\_

2. What is your Dominant Hand? Right or Left

3. Reason for this visit? (include the date when your symptoms began) \_\_\_\_\_

\_\_\_\_\_

4. Are your symptoms the result of an injury? If yes, give the date and explain. \_\_\_\_\_

\_\_\_\_\_

5. Do your symptoms affect your ability to walk? If yes, how far can you walk comfortably? \_\_\_\_\_

\_\_\_\_\_

6. Do you have weakness in your arms or legs? If yes, describe. \_\_\_\_\_

\_\_\_\_\_

7. Do you have numbness or tingling? If yes, indicate the location by drawing **CIRCLES** on the figures.

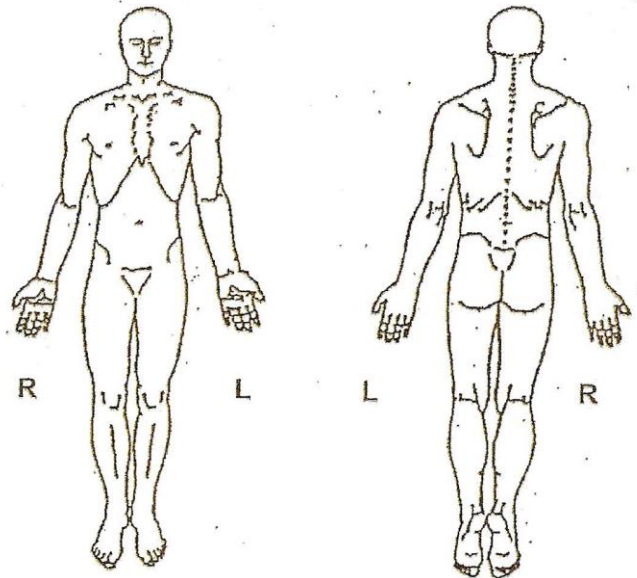
8. Do you have pain? If yes, indicate the location by drawing **X's** on the figures.

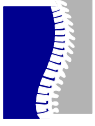
9. Circle the number that best rates your pain.  
0 1 2 3 4 5 6 7 8 9 10  
(minimal pain) (severe pain)

10. Is the pain constant? yes or no

11. Describe the pain. (circle all that apply)  
ache, burning, cramping, dull, pressure, sharp, shooting, stabbing, throbbing, tightness, other: \_\_\_\_\_

12. What makes the pain worse?





13. What relieves the pain? \_\_\_\_\_

14. Have you been prescribed any medications for these symptoms? Please list

_____	Did it help? _____
_____	Did it help? _____
_____	Did it help? _____
_____	Did it help? _____

- Physical therapy:
  - o **When?** \_\_\_\_\_ **Where?** \_\_\_\_\_
  - o **Did it help?**    yes    or    no
- Injections:
  - o **When?** \_\_\_\_\_ **Where?** \_\_\_\_\_
  - o **Did it help?**    yes    or    no

- **Have you ever had neck or back surgery?**    yes    or    no

When? \_\_\_\_\_                      Surgeon's name: \_\_\_\_\_

Where (hospital name)? \_\_\_\_\_

What procedure (s)? \_\_\_\_\_

\_\_\_\_\_

15. Are you currently working?    No / Yes, doing what? \_\_\_\_\_

16. Do you smoke tobacco?    No / Yes, how much? \_\_\_\_\_

17. Do you drink alcohol?    No / Yes, how much? \_\_\_\_\_

18. Do you use recreational drugs?    No / Yes, how much? \_\_\_\_\_

19. Are you currently being abused?                      yes    or    no